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### **LITTLE HELPING HANDS TAKES FAMILY VOLUNTEERING TO NEW COMMUNITIES ON THIS YEAR'S FAMILY VOLUNTEER DAY**

**AUSTIN, TX– November 1, 2014** –In celebration of Family Volunteer Day on Saturday, November 22, Little Helping Hands is partnering with Foundation Communities to organize a Family Service Day for families that live in two of the nonprofit's affordable housing communities. With the support of generationOn and Disney Friends for Change, Little Helping Hands will offer a variety of hands-on service projects that benefit several local nonprofit organizations.

“Family Volunteer Day is a great opportunity for families to come together and give back to our community,” said Marissa Vogel, Executive Director of Little Helping Hands, “By showcasing a variety of ways that families can support our community, we hope to inspire more families and children to volunteer throughout the year.”

During their annual Thanksgiving lunch provided by Christian Life Church, families at Foundation Communities' Sierra Vista and Sierra Ridge properties will be able to visit different service stations and participate in hands-on projects benefiting a variety of causes such as the homeless, children in need, animal welfare, and the environment. Families learn about the organizations they are supporting and how the service activities support their clients. In addition, they will receive a reflection guide to reinforce the importance of volunteerism.

“All of us have something to give to others.” said Jackie Blair, Director of Volunteer Programs at Foundation Communities, “We look forward to offering our residents the opportunity to give their time and energy to some worthy local organizations and help make our whole community stronger.

Family Volunteer Day is a day of service that demonstrates and celebrates the power of families who volunteer together; supporting their neighborhoods, communities and the world. Points of Light created the day 23 years ago to showcase the benefits of family volunteering and to provide opportunities for families to help create supportive environments in their communities.

**About Foundation Communities**

Foundation Communities provides attractive, affordable homes and free onsite support services for thousands of families with kids, as well as veterans, seniors, and individuals with disabilities. We offer an innovative, proven model that empowers our residents and neighbors to achieve educational success, financial stability, and healthier lifestyles. We own and operate 18 communities all over Austin and in North Texas. For more information, please visit [www.foundcom.org](http://www.foundcom.org).

**About Little Helping Hands**

Little Helping Hands provides meaningful volunteer experiences for Austin families. Through age-appropriate, hands-on volunteer activities, families learn the value of helping others while providing a service to the Austin community. Since its inception in 2009, Little Helping Hands has organized over 1,600 volunteer activities that engaged more than 11,000 children and their families, logging more than 25,500 total volunteer hours serving 60 Austin-area non-profit organizations and groups. To learn more about Little Helping Hands or join a volunteer activity, visit [www.littlehelpinghands.org](http://www.littlehelpinghands.org).